





WEEK 1 - 15th November & 6th December

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Meatballs in a tomato sauce with Pasta	Pizza of the day with potato wedges	Roast beef with Yorkshire pudding, mashed potatoes and gravy	Chicken fillet burger with savoury rice	Battered fish with chips
VEGETARIAN MAIN DISH	Vegetarian bolognese with pasta	Mediterranean vegetable casserole with potato wedges	Vegetable strudel with mashed potatoes and gravy	Smokey Quorn and bean stew with savoury rice	Cheese quesadillas with chips
ACCOMPANIMENTS 	Garden peas Sweetcorn Salad bar	Carrot batons Green beans Salad bar	Green cabbage Cauliflower Salad bar	Broccoli Carrot batons Salad bar	Baked beans Garden peas Salad bar
DESSERTS	Fruit crumble and custard 	Shortbread and mandarins	Strawberry whip	Banana and oat muffin	Fruit meringue 
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings

WEEK 2 - 22nd November & 13th December

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Beef burgers in a soft bun with potato wedges	Chicken lasagne with garlic bread	Roast Gammon and pineapple with gravy and roast potatoes	Spaghetti bolognese with garlic bread	Fish fingers with chips
VEGETARIAN MAIN DISH	Pizza of the day with potato wedges	Cheese and sweet potato pie	Quorn roast with roast potatoes and gravy	Macaroni cheese with garlic bread	Vegetarian sausage and onion gravy with chips
ACCOMPANIMENTS 	Garden peas Baked beans Salad bar	Cauliflower Green beans Salad bar	Green cabbage Carrot batons Salad bar	Broccoli Sweetcorn Salad bar	Garden peas Baked beans Salad bar
DESSERTS	Spiced apple loaf	Lemon drizzle cake	Oaty cookie	Pear and chocolate sponge with custard	Fresh fruit and ice cream
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings

WEEK 3 - 29th November

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	All day breakfast	Meat and potato pie with new potatoes	Roast chicken and stuffing with roast potatoes and gravy	Pizza of the day with Savoury rice	Fish fingers with chips
VEGETARIAN MAIN DISH	Vegetarian all day breakfast	Tomato and mascarpone pasta	Quorn fillet and stuffing with roast potatoes and gravy	Cheese and tomato quiche with savoury rice	Quorn nuggets with chips
ACCOMPANIMENTS 	Baked beans Baked tomatoes Mushrooms Salad bar	Sweetcorn Green beans Salad bar	Green cabbage Carrot batons Salad bar	Broccoli Cauliflower Salad bar	Garden peas Baked beans Salad bar
DESSERTS	Ginger and coconut cookie	Jelly and fruit	Flapjack	Chocolate crunch and custard	Fresh fruit and ice cream
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings



MENU



Quench your thirst with free fresh drinking water available daily

 - MEAT FREE MONDAY
 - 1 OF YOUR 5 A DAY
 - CHEF'S CHOICE