





WEEK 2	MONDAY (	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese and tomato pizza with baked potato wedges	Beef burger with herby potatoes	Roast Beef and Yorkshire pudding with gravy and roast potatoes	Chicken curry and rice	Battered fish with chips
VEGETARIAN MAIN DISH	Quorn sausages with baked potato wedges	Tomato and basil pasta with garlic bread	Quorn mince cobbler with roast potatoes and gravy	Cheese toastie	Cheese and onion parcel with chips
ACCOMPANIMENTS	Garden peas Carrot batons Salad bar	Cauliflower Green beans Salad bar	Green cabbage Broccoli Salad bar	Sliced carrots Sweetcorn Salad bar	Garden peas Baked beans Salad bar
DESSERTS	Cheese and crackers with grapes	Flapjack	Fruit scone with jam and cream	Chocolate orange muffin	Iced blueberry sponge
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings







Variety is the key to a healthy diet, try something new today!



- MEAT FREE MONDAY



-1 OF YOUR 5 A DAY



- CHEF'S CHOICE